

 **INFO SUMMARY**

OHA has extracted this section of content from Freedom Community Clinic's (FCC) **Community Resource Guide** for the convenience of our residents. You may click [here](#) to access links and the full document, which is updated in real-time by FCC.

## **Food Resources**

### **Food for all:**

- **SF & Oakland:** MIXT is offering sliding scale discount codes for pick-up orders. Codes: [wegotyou25](#) for 25% off, [wegotyou50](#) for 50% off, [wegotyou100](#) for a free meal. Use codes at [mixt.com](#) or on MIXT app for pick up orders.
- **Oakland:** La SantaTorta Food Truck; 333 Broadway Oakland; Free hot meals 12-2p
- **List of Alameda County food banks:**  
[https://www.needhelpayingbills.com/html/alameda\\_county\\_food\\_banks.html](https://www.needhelpayingbills.com/html/alameda_county_food_banks.html)
- **Expensify.org is matching \$50 towards SNAP grocery purchases**
  1. Purchase food as normal with your SNAP card
  2. [Download](#) Expensify on iOS or Android, for free
  3. Join the [Expensify.org/hunger](#) policy
  4. [SmartScan](#) the receipt, which will tell us how much you paid and show that it was paid for with an Electronic Benefits Transfer (EBT) card
  5. Submit it to [volunteer@expensify.org](mailto:volunteer@expensify.org)
  6. Set up your [bank account](#) to receive the funds
  7. So long as we have funds available, we will reimburse up to \$50 per family (one time), the very next day.

### **Food**

- **All:** As of 3/16/2020, [Uber is waiving delivery fees for over 100K restaurants](#)
- **All:** [Safeway](#), [Whole Foods](#), [Target](#) and several other markets and retail stores are setting aside hours just for “at-risk” shoppers, including senior citizens, pregnant women and other people with vulnerable immune systems. [Safeway](#) invites “at-risk” shoppers from 7-9 a.m. Tuesday and Thursday; [Whole Foods](#) invites customers 60 and older to stores one hour before opening to the public; [Target](#) reserves the first hour on Wednesdays to “vulnerable guests;” [Dollar General](#) reserves the first hour of every business day to senior shoppers.
- **SF & Oakland:** MIXT is offering sliding scale discount codes for pick-up orders. Codes: [wegotyou25](#) for 25% off, [wegotyou50](#) for 50% off, [wegotyou100](#) for a free meal. Use codes at [mixt.com](#) or on MIXT app for pick up orders.
- **San Francisco:** [Clarity Burke](#), a social science teacher at John O’Connell, started a free delivery volunteer service for the immunosuppressed. She has several volunteers ready to work. To receive help: [tinyurl.com/deliveryneeded](http://tinyurl.com/deliveryneeded)

**Berkeley & Albany:** Berkeley Food Network On-Site Food Pantry; 1925 Ninth St.

## Elderly (65+)

### Food

- **All:** [Safeway](#), [Whole Foods](#), [Target](#) and several other markets and retail stores are setting aside hours just for “at-risk” shoppers, including senior citizens, pregnant women and other people with vulnerable immune systems.
  - [Safeway](#) invites “at-risk” shoppers from 7-9 a.m. Tuesday and Thursday;
  - [Whole Foods](#) invites customers 60 and older to stores one hour before opening to the public;
  - [Target](#) reserves the first hour on Wednesdays to “vulnerable guests;” [Dollar General](#) reserves the first hour of every business day to senior shoppers.
- **Oakland:** East Oakland Collective is offering supplies and food for seniors, unhoused folks, people with compromised immune systems. Please contact EOC for availability of supplies and food at 510-990-0775 or [info@eastoaklandcollective.com](mailto:info@eastoaklandcollective.com)
- <https://www.instagram.com/p/B9zMHKrhAgn/>
- **San Francisco and Oakland:** Project Open Hand still serving and delivering meals <https://www.openhand.org/>
- **San Francisco:** [Clarity Burke](#), a social science teacher at John O’Connell, started a free delivery volunteer service for the immunosuppressed. She has several volunteers ready to work. To receive help: [tinyurl.com/deliveryneeded](https://tinyurl.com/deliveryneeded)
- **San Francisco:** Meals on Wheels will continue operation <https://www.mowsf.org/coronavirus>
- **North Berkeley Senior Center Lunch Pick-Up Service:** 1900 Sixth St. M-F 11a-12p
- **South Berkeley Senior Center Lunch Pick-Up Service:** 2939 Ellis St. M-F 11a-12p
- **Berkeley & Albany:** Berkeley Food Network On-Site Food Pantry; 1925 Ninth St.
  - Hours: Monday – Thursday 10am – 2pm;  
Monday and Wednesday 5 – 7pm;  
First and third Saturdays 10am – 12pm
  - Hours may change, so check back for updates. You can also call 510.616.5383 for updated hours information.
  - The Berkeley Food Network’s on-site pantry will remain open during this period of COVID-19 containment as long as we are able to source food. Anyone in need of free food is welcome to visit. BFN’s food distributions are open to Berkeley and Albany residents only.