

Direct to You

Thursday
4/21/21

Patricia Wells, OHA Executive Director



Happy Earth Day!

As we celebrate **Earth Day** today I encourage everyone in the OHA family to pledge to do simple but impactful actions to help protect and preserve the environment for generations to come. A good place to start would be participating in the recycling program at your office/administration building, as well as at home. All OHA administration buildings are equipped with recycling stations. Before you throw away, stop and think which bin it should go into, recycling, compost, or trash.

Other ideas to celebrate earth day every day include:

- Walk, ride bike, safely carpool or use public transportation to work if possible.
- Get-up and get moving. A healthy you makes a healthy environment.
- Use re-usable products versus disposable e.g. reusable water bottles, coffee mugs, tote bags.
- Support and use recycling programs in your community.
- Participate in clean up events or start your own clean up initiative.
- Support local farmers markets and green businesses.
- Fix broken stuff and repurpose items that have outworn their use.
- Conserve water by taking shorter showers, use a cup and water when brushing teeth.
- Unplug and switch off lights when out of a room or office.
- Use energy-efficient appliances or line dry your clothes.

I also want to give a shout out to OHA's Green Team, **Faustina Mututa**, **Amparo Salmeron** and **La Gina Albert**, who work to educate our staff and residents about ways to Reduce, Reuse, Recycle, and make our communities and the world healthier for all.

Have a wonderful weekend!

Patricia

REMEMBER: if you have reasonable suspicion that you have been exposed to someone with COVID-19 or if you are experiencing symptoms of fever (100.4 Fahrenheit or higher), coughing, or shortness of breath, do not report to work. Immediately contact your primary care provider and then your supervisor for instructions on what you need to do next. If you have any questions regarding your schedule, please contact your supervisor or Director. If you have questions in regards to pay or leave time, please contact Human Resources at (510) 874-1575.



All past issues of Direct To You are available on the OHA website for 24/7 access. In addition to the messages sent directly from the OHA executive director, you can also find links to other resources, articles, and up-to-date information about OHA operations and the ways we are addressing the current health crisis.